











Making a Positive Impact for Chio

encapsulated in four guiding principles: We Care. We Teach. We Innovate. We Serve. These principles are the driving force behind everything we do.

It is with a profound sense of accomplishment that I extend my heartfelt gratitude to you. You have generously supported

Premier Health through our

Foundations (Atrium Medical Center Foundation, Good Samaritan Foundation-Dayton, Miami Valley Hospital Foundation, and Upper Valley Medical Center Foundation) throughout the past year. And your support of Premier Health's mission has played a pivotal role in advancing health care excellence across the region.

Our mission is encapsulated in four guiding principles: We Care. We Teach. We Innovate. We Serve. These principles are the driving force behind everything we do. It is because of your support that

we can turn these principles into actions, making a difference in the lives of those we serve.

The Premier Health Hospital Foundations serve as the cornerstone of our philanthropic efforts, channeling the generosity of donors like you into meaningful programs and services, cutting-edge technology, and community outreach initiatives.

Together, we have built a foundation of care that extends far beyond the walls of our hospitals, our physician offices, and other sites of care to reach into the heart of every community we touch. I am grateful, too, for the stewardship of your support by Jenny Lewis, our system vice president of philanthropy, and her team.

In the past year alone, Premier Health invested nearly \$248 million in community benefits and offered

nearly \$198 million in free care and other unpaid services to families in need.

As we celebrate the achievements of the past year, let us also look ahead with optimism and determination. Thanks to you, we are poised to achieve even greater milestones, ensuring that every member of our community receives the care they deserve.

On behalf of the Premier Health Board of Trustees and our Foundations, thank you for your continued support.

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Michael C. Riordan
President & CEO, Premier Health

Thankful for You...



As we anticipate the opportunities that lie ahead, it's fitting to take a moment and celebrate the collective achievements of the past 12 months. The annual report to the community by our four Premier Health Hospital Foundations offers an opportunity for us to pause, celebrate, and express gratitude for your generous support and to highlight the accomplishments made possible by your gifts.

At Premier Health, our leadership, physicians, and staff recognize the crucial role of philanthropy in upholding the high standard of care in our hospitals today and propelling innovative approaches to patient treatment for tomorrow. The impactful contributions from inspired and grateful donors drive cutting-edge programs, facilitate the establishment of state-of-theart facilities, and equip our clinicians with the

necessary tools and technology to provide optimal care to the communities we serve.

The achievements of the past year are remarkable.

Nearly 2,700 donors collectively contributed nearly

\$8.6 million, advancing our health system's vision to
inspire better health for all. In 2023, this generous
support played a crucial role in funding the
establishment of oncology nutritional clinics and
counseling, aiding drug-addicted mothers and infants
through the Promise to Hope program, supporting
local schools in Middletown, launching construction
of a new chapel, and establishing a comprehensive
Women's Imaging Center, among other initiatives.

As you peruse the inspiring stories of gratitude in the upcoming pages, keep in mind that it is your compassion and generosity that enable us to deliver

exceptional care. The field of medicine is continuously evolving, and our work is ongoing. Together, we will persist in making a meaningful impact within each of our hospitals, actively shaping the lives of every patient we serve.

We express our gratitude for your trust, partnership, and support. We are thankful for you.

Jerry M Lewis

Jenny M. Lewis, MBA, CFRE
System Vice President of Philanthropy,
Premier Health

ogether, we will persist in making a meaningful impact within each of our hospitals, actively shaping the lives of every patient we serve.



Touching Lives & Improving Health Premier Health

PREMIER HEALTH HOSPITAL FOUNDATIONS

Thanks to the generosity of caring individuals, families, businesses, foundations, and community groups, patients at Premier Health benefit from advanced technology and caring services, close to home. The health system's four hospital Foundations ensure that every gift supports the Foundations' vision of inspiring better health for all who live and work in Southwest Ohio. Every gift is used for its designated intent. Every dollar is put to use where it will have the greatest impact to touch lives and improve health.

2023 Revenue for All Premier Health Hospital Foundations



Patients

Admissions - **89,692**

Inpatient & Outpatient Surgeries - 48,421

Emergency Trauma Visits - **196,365**

Outpatient Visits - **509,922**

Funds Distributed in 2023 by All Premier Health Hospital Foundations













Threads of Strength

The Premier Health Hospital Foundations teamed up to host the first system-wide Foundation event, Threads of Strength, in 2023. This unique fashion show fundraiser shined a spotlight on the remarkable resilience of cancer patients and their caregivers.

More than 500 people attended the event at the Dayton Arcade that featured dinner, a silent auction, fashion show, live music, and an after party in The Tank that raised more than \$376,000.

Atrium Medical Center Foundation, Good Samaritan Foundation-Dayton, Miami Valley Hospital Foundation, and Upper Valley Medical Center Foundation raised vital support for cancer care and wellness across Premier Health. The event benefitted the advancement of integrative therapies and the development of new oncology nutritional clinics and counseling at Atrium Medical Center, Miami Valley Hospital North, Miami Valley Hospital South, and Upper Valley Medical Center.

The urgency for nutritional clinics arises from a nationwide gap in access to nutritional counseling and monitoring for oncology patients. Research has revealed that a staggering 80 percent of cancer patients experience malnutrition during their treatment journey.

Most outpatient cancer centers, including those within Premier Health, are unable to bill for nutrition consult services due to a lack of reimbursement options through Medicare, Medicaid, or private insurers. This leaves patients with out-of-pocket expenses at a time when they are already grappling with financial burdens caused by their cancer diagnoses.





"Premier Health's commitment to delivering the best care extends to creating specialized services to support our

patients," says Amanda Musser, MSN, RN, system vice president of oncology operations at Premier Health. "We recognize the need for ongoing monitoring and dietary adjustments for specific tumor sites, which can greatly improve the patient's ability to tolerate treatment. Support from Threads of Strength is helping us offer patients personalized nutritional guidance, which we believe is an integral part of their battle against cancer."

The evening's highlights included awe-inspiring custom outfits created by world-renowned Indian designer Shravan Kummar. Well-known for his heirloom ensembles, vintage-inspired embroideries and research-driven patterns, Kummar has designed outfits for the Met Gala in New York City and many red carpet events.

"As we count on the courage and draw inspiration from the cancer fights of nearly

40 patients and dedicated caregivers, we were thrilled to have them don unique ensembles personally crafted by Shravan Kummar," says Jhansi Koduri, MD, a board-certified oncologist and chair of the Threads of Strength event. "Each outfit featured colors representing the specific cancer ribbon associated with each model's journey. Shravan's generous donation included dozens of custom-designed garments, an invaluable contribution in our mission to support our cancer patients and their families."

Plans are under way for the oncology nutritional clinics, which are expected to open across the health system later this year.



Continued Support, Lasting Impact

Partnerships between the Premier Health Hospital Foundations and local supporters play a crucial role in fostering positive community impact. The Maxon Foundation, U.S. Bank, N.A., Trustee, stands out as a prime example, providing vital funding and support to our health system.

> Established by the late Mr. Glen W. Maxon, Jr., former president of a successful Dayton-area construction and concrete company, the Maxon family holds a significant familial connection to

Premier Health and Miami Valley Hospital, with his company contributing to the hospital's main building construction in the early 1950s. Glen Maxon, Sr., his father, served on the hospital's board of trustees from 1946 to 1968.

Following in his father's footsteps, Glen Maxon, Jr. served on the hospital board for nine years from 1972 and chaired it from 1975 to 1978.

Since 2014, The Maxon Foundation, U.S. Bank, N.A., Trustee has been a cornerstone of partnership and support, contributing a total of \$4.4 million to vital projects and initiatives across Premier Health. This generosity has propelled advancements in care and innovation, touching the lives of countless people throughout Southwest Ohio.

One of the hallmarks of The Maxon Foundation, U.S. Bank, N.A., Trustee's philanthropy lies in its commitment to addressing critical health care needs. Recent projects supported by the Maxon Foundation exemplify this dedication, spanning a diverse array of areas within the medical field. From bolstering CareFlight and trauma services to funding pulmonary initiatives at Atrium Medical Center, the Foundation's impact reverberates across specialties and disciplines.

The significance of The Maxon Foundation, U.S. Bank, N.A., Trustee's contributions extend beyond monetary value; it is a testament to the enduring spirit of community and compassion. By investing in initiatives such as the acquisition of a NeuroWorks Natus Brain Headbox for epilepsy patients and the procurement of a da Vinci Robotic surgical system, the Foundation empowers health care providers to deliver cuttingedge care and transformative outcomes.

Perhaps most notably, The Maxon Foundation, U.S. Bank, N.A., Trustee's support has been a source of resilience and hope throughout the challenges posed by the COVID-19 pandemic. As health systems grappled with unprecedented demands and evolving needs, the Foundation remained a steadfast ally,

providing vital resources and support to Premier Health to navigate the crisis with strength and resolve.

Beyond the tangible impacts on health care infrastructure and services, The Maxon Foundation, U.S. Bank, N.A., Trustee's legacy is one of profound human connection and community enrichment. Through its enduring partnership with the Premier Health Hospital Foundations, the Foundation exemplifies the power of philanthropy to effect positive change and foster a healthier, more vibrant future for all.

In honoring the vision of Mr. Glen W. Maxon, Jr., the Foundation's legacy of impact will continue to shape the fabric of health care in Southwest Ohio for generations to come.



Atrium Medical Center Medical Center

As we reflect on the past year, we are filled with gratitude for your unwavering support of Atrium Medical Center Foundation. In 2023, your generosity allowed us to make significant strides in fulfilling our mission of serving the patients, their families, and the dedicated staff of Atrium Medical Center.

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Your gifts funded vital programs and initiatives, enhancing the overall health care experience for our community. From cutting-edge medical equipment in the cardiac catheterization lab to patient support services in the rehabilitation center, your donations have been instrumental in elevating the standard of care we provide at Atrium.

One key highlight of the past year has been the transformative effect of our endowments. These long-term investments have not only strengthened

the financial foundation of Atrium but have also allowed us to embark on ambitious projects that will shape the future of health care delivery. Your understanding of the importance of endowments has propelled us toward sustainable growth and innovation for years to come.

This year holds special significance as we celebrate the 40th anniversary of Atrium Medical Center Foundation. Four decades of dedicated service and unwavering commitment to the well-being of our community would not have been possible without your continued support of both Atrium and the former Middletown Regional Hospital. Your belief in our mission has been the driving force behind our success, and we look forward to many more years of collaborative efforts to make a lasting impact on health care.

Looking ahead in 2024, we remain dedicated to advancing health care excellence, and we invite you to join us in this journey. Your continued support will play a pivotal role in inspiring better health for our community.



Kirk W. Reich
Chair, Atrium Medical Center
Foundation Board of Directors



Michael D. Stautberg
President, Atrium Medical Center
Foundation
System Vice President of Planned

System Vice President of Planned Giving, Premier Health

2023 Revenue for Atrium Medical Center Foundation



Funds Distributed in 2023 by Atrium Medical Center Foundation



Patients



Inpatient & Outpatient Surgeries - 6,306

Emergency Trauma Visits - **26,178**

Outpatient Visits - **82,078**



Creating a Healthy Community

In the heart of Warren and Butler counties, Atrium Medical Center Foundation is supporting community health initiatives. Through various programs like the Mobile Mammography Coach, the Premier Community Health Mobile Clinic, and the Healthy Housing initiative, the Foundation and its donors are

making a significant difference in the lives of countless people in the community.

The Mobile Mammography Coach represents a vital resource in the fight against breast cancer. Bringing mammography services directly to underserved areas, the Foundation ensures that women annually receive

free access to life-saving screenings and support for other care needs. Early detection is paramount in treating breast cancer, and the coach's ability to provide two-dimensional and three-dimensional imaging, private changing rooms, and an all-female staff ensures both comfort and quality care.

"Atrium Medical Center is a nonprofit hospital that is here to serve the community," says Gregory Siewny, MD, chairman of the Atrium Medical Center Board of Trustees.
"Through our Mobile

Mammography Coach, we are meeting our community where they are and providing the resources to support those who are unable to afford these services."

Similarly, the Premier Community Health Mobile Clinic extends its reach across a 13-county region in Southwest Ohio, offering essential resources to underserved communities. In 2023, the Mobile Clinic served more than 1,100 patients across the region. Through partnerships and funding from the Premier
Health Community Benefits Program and the
Foundations, thousands of uninsured or underinsured
patients receive free care, including screenings,
vaccinations, and health education.

"The Mobile Clinic not only addresses immediate care needs but also helps in bridging the gap in social determinants of health for those who may not have a physician or health insurance," says Dr. Siewny. "The goal is for the clinic to provide essential resources and education to prevent disease and illness."

The Foundation established a Healthy Housing initiative in conjunction with the City of Middletown's Neighborhood Stabilization Program. This program focuses on providing affordable housing units to stabilize neighborhoods and reduce local health disparities.

"Research by the Journal of American Medical Association has shown that an individual with healthy and stable housing has an average life span of 27.3 years longer than a person without," explains Dr.

Siewny. "Stable housing also reduces health care costs and Emergency Department visits by more than 50 percent."

Currently, the Foundation provides nine housing units to approximately 25 residents who are between 10 and 70 years old. Supporting residents with pertinent health information and resources, as well as opportunities for home ownership as their financial situations improve, Atrium Medical Center Foundation is creating a ripple effect of positive health outcomes for both children and adults in the community.

"I was born and raised in Middletown and have devoted my life to this community, just like our hospital," says Dr. Siewny. "We are taking care outside the walls of our hospital and taking it to the people."

Atrium is bringing essential services directly to those in need and investing in the long-term stability of neighborhoods. Your support of the Foundation is not only saving lives but also fostering healthier and more resilient communities.



trium is bringing essential services directly to those in need and investing in the long-term stability of neighborhoods.



Compassion to Commitment

Roger and Virginia Dillman





In the realm of health care, sustaining vital programs and services is a constant challenge. Through endowments established by Atrium Medical Center Foundation donors, the Foundation is able to provide a steady income stream that fortifies the hospital's ability to fund essential initiatives. More than 90 endowments generate more than \$500,000 annually to provide programs and services that benefit the community.

One family that has left a lasting mark on Atrium's endowment landscape is the Dillman family. The late Roger Dillman's dedication to the community went well-beyond their former grocery business at Dillman's Foods in Middletown. Recently established by Roger's son, Steve, the Dillman Healthcare Endowment is a testament to the transformative impact that individual contributions can have.

"We were fortunate to have a profitable business," says Steve. "My parents reciprocated by getting involved with organizations aimed at helping the community."

The Dillman Healthcare Endowment supports capital purchases and patient assistance across various medical domains at Atrium, including cancer, neuroscience, rehab/mobility, cardiology, and maternal health.

The enduring impact of the Dillman family's generosity demonstrates the profound influence that people can have on their community. By establishing endowments, their gift not only addresses immediate needs but also ensures a sustainable lifeline for Atrium and its vision to inspire better health in the community.

"Endowments through the Foundation allow us to plan long-term," says Jonathan McCann, CFA, chair of the Atrium Medical Center Foundation Investment Committee. "Gifts to the Foundation through endowments help us provide scholarships, new technologies, and equipment to serve our community and patients."

Endowments also provide funding to other vital services at Atrium, including the Help Endure a Loss (HEAL) program. With a goal of raising \$2 million, this endowment aims to serve the community for generations, providing solace and support to families following the loss of a child. The longevity and sustainability of the HEAL program are ensured through the steady income generated by its endowment, guaranteeing ongoing assistance for those in need.

"Endowments represent a reservoir of assets, with only the income or a portion of the return utilized each year to support the organization," explains Jon. "This strategy ensures the longevity of funding for programs, even during periods of economic downturn, providing stability for the hospital."

As the Foundation continues to thrive on the support of its community, the role of endowments becomes increasingly pivotal. Endowments are not just financial tools; they are instruments of healing, compassion, and enduring impact.



tood Samaritan Foundation-

In the spirit of the Parable of the Good Samaritan, your compassion over the past year exemplifies the essence of kindness and philanthropy. Just as the Good Samaritan went above and beyond to help a stranger in need, your commitment to the Good Samaritan Foundation-Dayton has transcended mere generosity; it has become an embodiment of selflessness that has transformed lives and brought hope to those facing adversity.

Your generous gifts have been integral to advancing our Foundation's mission over the past year. Whether it's bolstering community health through projects like Mothers Empowered and Community Paramedicine, or backing essential programs such as cancer support services and Samaritan Behavioral Health, your support has been indispensable. Your generosity enables us to fulfill our pledge of providing

outstanding health care to all members of our community, regardless of their economic circumstances.

The Parable of the Good Samaritan teaches us the importance of reaching out to those in distress, and your continued support of the Foundation allows us to be that compassionate neighbor in times of need. Your generosity has enabled us to bridge gaps in health care access, ensuring that no one in our community is left without the care they deserve.

As we celebrate the achievements and milestones of the past year, we want to express our heartfelt appreciation for your role in making it all possible. Your trust in the Good Samaritan Foundation-Dayton has been a beacon of hope for many, and we are excited about the positive impact we can continue to make together in the years to come.

Thank you for your commitment to our mission. Your belief in our cause is not only inspiring but also transformative. Together, we are making amazing



things happen, one act of kindness at a time.





Beth Hutter Vice President, Good Samaritan Foundation-Dayton

2023 Revenue for Good Samaritan Foundation-Dayton



Funds Distributed in 2023 by Good Samaritan Foundation-Dayton



Patients



npatient & Outpatient Surgeries - 6,508

Outpatient Visits - 125,860





PREMIER HEALTH HOSPITAL FOUNDATIONS

The Good Samaritan Chapel

"Constructing a chapel at the North Campus reaffirms our promise to continue the legacy of Good Samaritan and provide a space of hope and healing for our patients, staff, and community."

Embarking on a \$1 million dollar project, Good Samaritan Foundation-Dayton is supporting the construction of the Good Samaritan Chapel at the North Campus. This new project will provide the community with a sanctuary of solace and unity.

"This interfaith chapel is a tribute to the St. Elizabeth Ann Seton Chapel at the former Good Samaritan Hospital that features cherished original artifacts, creating a harmonious blend of history and contemporary design," says Jo Anne

Reiling, chair of the Good Samaritan Foundation-Dayton Board of Trustees.

Opening in summer 2024, the creation of the 1,500-square-foot chapel is being made possible by the incredible generosity of Good Samaritan Foundation-Dayton donors. Whether seeking comfort, reflection, or a quiet moment of peace, the chapel will provide a sacred space where all are welcome, regardless of their faith or background.

"What began in 1932 with the Sisters of Charity remains strong today with our Foundation's commitment to our community," says Jenny Lewis, MBA, CFRE, president and CEO of Good Samaritan Foundation-Dayton and system vice president of philanthropy at Premier Health. "Constructing a chapel at the North Campus reaffirms our promise to continue the legacy of Good Samaritan and provide a space of hope and healing for our patients, staff, and community."

The timeless elegance of the original chapel's pews, intricate woodwork, breathtaking doors, chandeliers, and stained-glass windows will grace this new space, creating a tangible link to the past while welcoming the present.

One notable feature is the incorporation of a stunning wood wall adorned with pieces of stained glass from the original St. Elizabeth Ann Seton Chapel at the former Good Samaritan Hospital. The chapel will also serve as a museum, featuring a hallway of artifacts from the former hospital, including the cornerstone, historical plagues, and stonework.

As the North Campus welcomes this remarkable addition, the Good Samaritan Chapel will embody the enduring spirit of the Good Samaritan with compassion, community, and healing for generations to come.





Transforming Cancer Care

"Contributions are making a tangible difference in our patients' journey toward healing, providing comfort, and hope when it is needed most."



In a remarkable display of generosity and compassion, Good Samaritan Foundation-Dayton played a pivotal role in the realization of a crucial health care initiative. Through the unwavering gifts of our donors, the Foundation supported the opening of 25 infusion bays at the North Campus, marking a significant milestone in patient care.

> "The infusion bays represent a vital aspect of our commitment to comprehensive cancer care," explains Tarek Sabagh, MD, a board-certified medical oncologist and hematologist and oncology clinical lead physician at Premier

Health. "By offering specialized amenities and a personalized touch, our patients are not only getting chemotherapy, but also cancer immunotherapy and targeted therapy. Our patients expect and deserve nothing less than the best, and these infusion bays embody that dedication."

The new infusion bays, which opened in 2023, serve as a sanctuary for patients undergoing critical treatments. These bays have been meticulously designed to provide not only the necessary medical support but also a nurturing and serene environment essential for healing. In the past year, nearly 3,600 patients were served by the infusion bays at the North Campus. It is projected more than 4,300 patients will utilize the space in 2024.

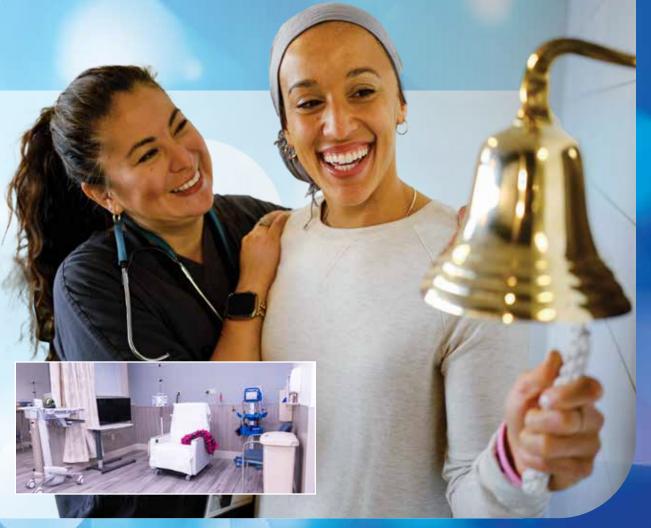
At the heart of these infusion bays lies a commitment to patient comfort and well-being. Each bay is furnished with specialized reclining chairs featuring heat and massage capabilities, offering patients a sense of relaxation and tranquility during their infusion sessions. Furthermore, the inclusion of televisions in every bay allows patients to immerse themselves in entertainment, providing a welcome distraction during their treatment journey.

"I am immensely grateful to the generous Foundation

donors whose support has made the realization of these infusion bays possible," says Dr. Sabagh. "Their contributions are making a tangible difference in our patients' journey toward healing, providing comfort, and hope when it is needed most."

The significance of these infusion bays extends far beyond their physical presence. They represent a lighthouse of hope for those navigating the complexities of cancer treatment, offering solace and support during challenging times. Through the collective efforts of the Good Samaritan Foundation-Dayton and its dedicated donors, these infusion bays stand as a testament to the power of community and compassion in fostering healing and resilience.

The legacy of kindness and generosity embodied by the donors of Good Samaritan Foundation-Dayton will continue to resonate within the walls of the North Campus, offering comfort and solace to countless cancer patients for years to come.



Miami Valley Hospital

Miami Valley Hospital has been serving our community since 1890, when our forebears recognized the important role that health care plays in ensuring a vibrant community and a desired quality of life. The tradition of service continues to this day, and it is our privilege to assure that Miami Valley Hospital has a meaningful impact in the lives of those whom we serve.

Your generous gifts to the Foundation have played a significant role in advancing our mission to enhance patient care by supporting vital programs and services that fall outside the scope of the hospital's annual operating budget. Your belief in our cause has made a significant impact on the lives of those we serve, and for that, we are truly grateful.

Miami Valley Hospital meets the various needs of our community with a range of services from diagnostics to surgeries to a broad array of specialty care. In the past year alone, our hospital was named the best in Dayton by *U.S. News & World Report* and was ranked "high-performing" in 10 areas of care.

Being the best in Dayton takes a team, and you are a part of this award-winning team. Your gifts to the Foundation are making significant strides in local health care and making a positive impact on our patients and their loved ones.

Your dedication to our cause is not just an investment in our hospital; it's an investment in the health and well-being of our entire community. The impact of your support ripples through every patient who receives timely and dignified care, and every health care professional who can perform their duties more efficiently.

We are deeply grateful for your partnership and look forward to achieving even greater milestones together.



Robert Siebenthaler Chair, Miami Valley Hospital Foundation Board of Trustees



Beth Hutter
Vice President, Miami Valley
Hospital Foundation

2023 Revenue for Miami Valley Hospital Foundation



Funds Distributed in 2023 by Miami Valley Hospital Foundation



Patients

Admissions - **58,277**

Inpatient & Outpatient Surgeries - 31,385

Emergency Trauma Visits - 104,154

Outpatient Visits - 227,526





In the hustle and bustle of everyday life, we often take for granted the simple joys of home — a warm meal, a comforting cup of coffee, the laughter of loved ones. But for families thrust into the whirlwind of the Neonatal Intensive Care Unit (NICU), these comforts become distant dreams, overshadowed by the constant worry for their newborn's health and the logistical nightmare of balancing hospital visits with the demands of daily life.

Abby Pax knows this struggle all too well. When her youngest son, Kaden, arrived prematurely, she and her family's world were turned upside down.

With Kaden fighting for his life in the NICU at Miami Valley Hospital, Abby and her family faced an agonizing decision: how to be there for their newborn while still caring for their other children and managing the everyday responsibilities of life.

"Living in Coldwater, we lived more than 90 minutes away from the hospital," says Abby. "It didn't make sense for us to travel back and forth and be so far away from our sick child."

During her son's stay, Abby and her family learned about Emmett's Place. Named in memory of Emmett Mikael Sorensen, Emmett's Place is nestled just steps away from the NICU. This haven was developed from the desire to honor one family's loss by easing the burden for others facing similar trials.

"It became our home away from home," explains
Abby. "We could feel kind of normal there and have a
cup of coffee or eat dinner. It was a space that allowed
us to stay close to our son and gave us a homelike
setting."

The days spent in the NICU were filled with fear and uncertainty, but Emmett's Place offered a glimmer of normalcy amidst the chaos. It was a place to recharge, to share a meal, to find solace in the company of other parents on this tumultuous path.

"It was so comforting knowing that we didn't have to travel, or even leave the hospital campus," she says.

"Having that peace of mind, knowing that we could be just a few feet away from my son, was so reassuring and comforting."



Emmett's Place is more than just a physical space – it's a testament to the power of community and compassion. Supported entirely by generous Miami Valley Hospital Foundation donors, this sanctuary serves as a reminder that even in our darkest moments, we are never alone.

Abby's sons, inspired by the kindness they experienced, eagerly embarked on a mission to give back, organizing a lemonade stand to support the place that had supported their family in their time of need.

by all.

"More than a year after Kaden was released from the hospital, my two other sons

decided they wanted to give to the hospital," says Abby. "At five and three years old, they raised enough money at their lemonade stand to fund Emmett's Place for an entire day." For Abby and thousands of other parents, the impact of Emmett's Place is immeasurable. It's a place where fear is replaced by hope, where strangers become friends, and where comfort and healing are shared

Providing a Promising Future

Promise to Hope isn't just about combating addiction; it is about laying the foundation for new moms trying to get on the right path.



Through the gifts of Miami Valley Hospital Foundation donors lies a sanctuary of hope for mothers battling addiction. Promise to Hope is not just a lifeline; it's a promise to rebuild shattered lives.

Brittnee Sims of Dayton embodies the resilience and determination fostered by Promise to Hope. Her journey, though marked by significant struggles of addiction, illustrates the transformative power of compassion and support.

"I was addicted for about five and a half years," explains Brittnee. "I started out with drinking and marijuana, and eventually became an IV heroin user."

Her descent into heroin addiction seemed irreversible In and out of jail dozens of times on alcohol and drug-related charges, Brittnee struggled to get sober.

"It was so hard trying to get clean," she says. "Every day was a struggle and getting high was a way to

In 2020, Brittnee's life was turned upside down after she received the news she was pregnant with her first child. Following another arrest, Brittnee was sentenced to serve her entire pregnancy in jail.

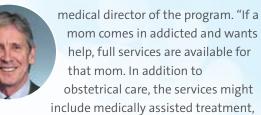
"While I was incarcerated, I found peer support that introduced me to Promise to Hope," says Brittnee. "As soon as I was released and gave birth to my son, I signed up and have been clean since."

Brittnee embraced the opportunity for change and found solace in Promise to Hope.

The program at Miami Valley Hospital, meticulously designed to address the complex needs of addicted mothers, became Brittnee's lifeline. Through counseling, prenatal care, access to essential baby supplies, and weekly peer-to-peer support groups, Promise to Hope provided a holistic approach to her recovery.

"The program was amazing," says Brittnee. "They offered a baby gift every time you came to group. They had resources that helped me get into Sober Living."

"Promise to Hope has a network of services within the community," explains Christopher Croom, MD,



behavioral health, and inpatient or outpatient treatment for addiction."

Promise to Hope isn't just about combating addiction; it is about laying the foundation for new moms trying to get on the right path. For Brittnee, who is now expecting her fourth child, the support extended beyond herself to her growing family.

"I am so grateful to the people who are supporting this program," says Brittnee emotionally. "Promise to Hope has changed so many lives in this community."

Brittnee's journey epitomizes the transformative impact of Promise to Hope. Now approaching four years of sobriety, she dreams of paying it forward, aspiring to mentor others battling addiction.



Upper Valley Medical Center

At Upper Valley Medical Center, we have a strong commitment to the community we love. Throughout the past year, we felt the powerful impact of a generous motivation to give, as the Northern Miami Valley stepped up and made donations that benefitted patient care. Because of your generosity, and that of other Foundation donors, we were able to fund a number of lifesaving and life-enhancing clinical programs.

In 2023, your gifts made a tangible impact on the health and wellness of our rural community, and we are excited to share some of the remarkable achievements made possible by your support.

One of the highlights of the past year has been the relocation and upgrade of the Stouder Memorial Foundation Cardiac Catheterization Lab at UVMC.

This state-of-the-art facility, made possible by your gifts, is keeping patients close to home and providing timely and comprehensive heart care to those across our community. You can learn more about this project on page 30.

Additionally, your support has fueled oncology initiatives at our hospital, with events like the Threads of Strength fashion show and Champions for Care luncheon making a profound impact. These initiatives not only provide critical resources for cancer patients but also create a sense of community and resilience that is invaluable in the face of adversity.

In 2023, your collective efforts have transcended mere donations; they have transformed lives and brought hope to those facing health challenges. It is a testament to the power of community and the

incredible change that can be achieved when we come together for a common cause.

We are so proud of what we have been able to accomplish in the past year, and look forward to everything we can, working together, achieve in 2024.



Yagnesh Raval, MD
Chair, Upper Valley Medical Center
Foundation Board of Directors



Duanna OstingPresident, Upper Valley Medical
Center Foundation

2023 Revenue for Upper Valley Medical Center Foundation



Funds Distributed in 2023 by Upper Valley Medical Center



Patients



npatient & Outpatient Surgeries - 4,222

Emergency Trauma Visits - **20,477**

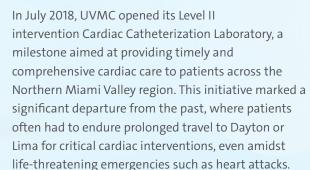
Outpatient Visits - **74,458**

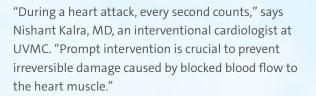


Advancing Heart Health

Heart disease remains the leading cause of mortality in Miami County, underscoring the critical need for accessible and efficient cardiac care facilities. Recognizing this imperative, Upper Valley Medical Center Foundation embarked on a significant initiative, bolstered by the generosity of our donors, to relocate the hospital's Level II Cardiac Catheterization Laboratory. The Foundation and its donors played a pivotal role in this \$2.6 million transformative project.

"Experiencing a heart attack is one of the most uncertain times in a patient's life," says Ashlee Gulker, MSN, RN, CV-BC, director of nursing for the Emergency Department and critical care at UVMC. "Through the help of Foundation donors, this project provides our patients and families the reassurance that they are where they need to be."





The relocation and upgrade of the cath lab at UVMC to the ground floor, adjacent to the Emergency Department, revolutionizes cardiac care delivery. This strategic move not only enhances operational efficiency but also streamlines patient access, expediting critical interventions.

"The cardiac cath lab's significance extends beyond emergencies," explains Dr. Kalra. "It enables us to diagnose and manage non-urgent coronary blockages, offering a comprehensive range of services – from preventive screenings to interventional procedures – right in our community."

Named after the largest donor to this project, the relocation and upgrade of the Stouder Memorial

Foundation Cardiac Cath Lab represents a pivotal moment in UVMC's journey toward excellence in heart care. The steadfast support of UVMC Foundation donors has been instrumental in realizing this vision, underscoring the transformative impact of philanthropy in health care.

"We are extremely grateful to the Stouder Memorial Foundation and other UVMC Foundation donors for their generosity and support of this project," says Ashlee. "Moving the cath lab near the ED is keeping our patients close to home and advancing cardiac care in our community."

As UVMC reaffirms its commitment to serving the community, one patient at a time, the relocation and upgrade of the Stouder Memorial Foundation Cardiac Cath Lab stands as a testament to its unwavering dedication to saving lives and fostering well-being.

Moving the cath lab near the ED is keeping our patients close to home and advancing cardiac care in our community.



Empowering Women's Health



Upper Valley Medical Center Foundation is committed to redefining women's health care. The hospital's new comprehensive Women's Imaging Center revolutionizes medical imaging and elevates the standard of care for women in our community.

"Imagine a place where health care transcends the ordinary — a haven where warmth, care, and cuttingedge technology converge to embrace every woman's unique journey," says Jacqui Rose, MBA, CRA, FAHRA, RT(R), director of imaging at UVMC. "The new Women's Imaging Center represents our dedication to excellence and compassion, offering a space specifically tailored to cater to the diverse needs of women."

At the core of this initiative is a clear objective: to create an environment where women receive specialized care, diagnosis, and treatment in a setting that is welcoming, warm, and personalized. From mammography to ultrasound, DEXA scans, and beyond, the center offers comprehensive services all

under one roof, ensuring convenience and continuity of care for our patients.

"What sets the Women's Imaging Center apart is its emphasis on the human element of health care," says

Diane Anderson, DO, a diagnostic radiology specialist at UVMC.

"Beyond state-of-the-art technology, it's about the people — a dedicated team of radiologists, technologists, nurses, and support staff who go above and beyond to

provide compassionate care. Patients can expect a consultation room that feels like a living room and a seamless collaboration among experts, ensuring they feel supported every step of the way."

This transformative vision wouldn't be possible without the generous support of donors to the UVMC Foundation. Donor gifts are helping to fund this \$1.5 million groundbreaking initiative, ensuring that women in the community have access to advanced, lifesaving imaging services.

"Imagine a place where health care transcends the ordinary – a haven where warmth, care, and cutting-edge technology converge to embrace every woman's unique journey."

"The support of UVMC Foundation donors has been critical in getting this center open to women in our community," says Jacqui. "Their support is investing in a transformative approach to health care that is shaping the future of women's health."

Together, we are elevating the standard of care, offering a sanctuary of support, and bringing to life a center that embodies the essence of compassionate health care for women. With continued support, we can pave the way for a brighter, healthier future for generations to come.

IF YOU WOULD LIKE TO SUPPORT

the new Women's Imaging Center, point your smartphone's camera at the QR code.









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