

Because of You

Inspiring **Better Health**



Atrium
Medical Center

FOUNDATION



Good Samaritan
Foundation-Dayton



Miami Valley Hospital
Foundation



Upper Valley
Medical Center

FOUNDATION



Our four Foundations have played a key role in advancing our organization's mission to improve the health of the communities we serve in Southwest Ohio.

Making a Difference



When Premier Health recently developed our vision statement – “to inspire better health” – it was an inclusive process, involving more than 1,200 leaders, employees, and physicians across our health system.

So how do we inspire better health? Sometimes all it takes is a smile on a patient's worst day, a pat on the shoulder, or a few well-timed words of encouragement. Other times, it means dedicating resources to serve our most vulnerable and critically ill patients through services such as our award-winning trauma network, CareFlight, advanced orthopedic services, and a nationally recognized maternity program – just to name a few.

Premier Health can only achieve success in inspiring better health through partnering with others. Atrium Medical Center Foundation;

Good Samaritan Foundation-Dayton; Miami Valley Hospital Foundation; and Upper Valley Medical Center Foundation – all are committed to enhancing the quality of life for our patients and their families by supporting programs and services that often cannot be covered in our budget.

Our four Foundations have played a key role in advancing our organization's mission to improve the health of the communities we serve in Southwest Ohio. Last year, our nonprofit health system provided nearly \$182 million in free care and other unpaid services to families in need.

The work of our Foundations and their donors benefits Premier Health, supporting us in delivering optimal health care services through the advancement of services and technology, providing scholarships to employees and their families, and supporting our future growth.

In my 21 years as a CEO, I have never been as grateful and appreciative for the impact Foundations can have as I am today. I have been clear about our financial challenges over the past decade. Our Foundations have been a big part of filling that void.

This system-wide annual report will give you a glimpse into the inspiring work our Foundations and donors are doing to strengthen local health care from Sidney to Cincinnati.

On behalf of the Premier Health Board of Trustees and our Foundations, thank you for your continued support.

Michael C. Riordan
President & CEO, Premier Health

Because of You...



The words “thank you” do not seem big enough to express our deep gratitude and appreciation to our donors, staff, and the community for their support. The past few years have been unprecedented by all accounts.

Through it all, we knew we were not alone. Our Premier Health Hospital Foundations had your support every step of the way. Whether you are one of our Foundations’ generous donors or a corporate partner or sponsor, you inspired better health by making a gift to our four Foundations.

Your generous contributions helped our health system stay focused on delivering remarkable patient care. The extraordinary generosity of our donors allowed us to meet the needs of our region’s most vulnerable communities by helping purchase a new Mobile Clinic that serves more than 1,000 patients in underserved communities annually, providing door-to-door care through our Community Paramedicine program, purchasing new state-of-the-art orthopedic and spine equipment, and offering free health screenings to

patients in our most rural counties.

Across the country, hospitals and health systems are becoming more dependent on donor dollars than ever before. Your gifts help in funding these essential services make our health system stand out as the region’s leader that you and your neighbors know and trust.

This system-wide annual report, *Because of You: Inspiring Better Health*, is a testament to the generosity of everyone in our greater community. To the donors, friends, volunteers, businesses, and organizations who make our inspiring work possible, we thank you for your support. You demonstrate what it means to be a community united for each other.

Thank you for inspiring us.

Jenny M. Lewis, CFRE
System Vice President of Philanthropy, Premier Health



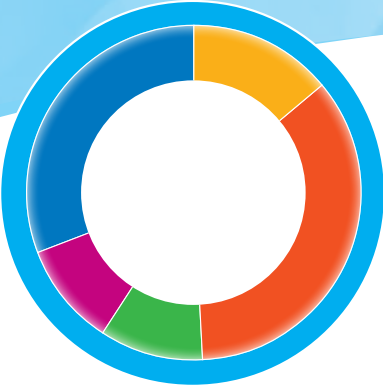


Touching Lives *&* Improving Health

Premier Health

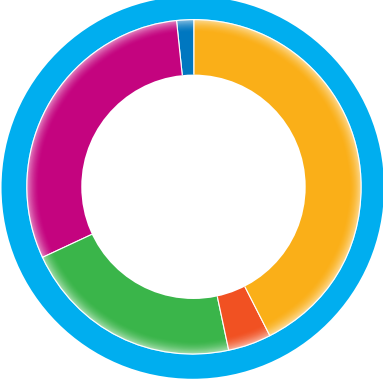
Thanks to the generosity of caring individuals, families, businesses, foundations, and community groups, patients at Premier Health benefit from advanced technology and caring services, close to home. The health system's four hospital Foundations ensure that every gift supports the Foundation's mission of inspiring better health for all who live and work in Southwest Ohio. Every gift is used for its designated intent. Every dollar is put to use where it will have the greatest impact to touch lives and improve health.

2022 Revenue for All Premier Health Hospital Foundations



- Annual Giving - **\$1,300,211**
- Major Giving - **\$3,306,631**
- Events - **\$936,277**
- Planned Giving - **\$924,871**
- Grants - **\$2,860,038**
- TOTAL - **\$9,328,028**

Funds Distributed in 2022 by All Premier Health Hospital Foundations



- Creating Healing Environments - **\$3,784,204**
- Caring for Our Community - **\$385,339**
- Educating Caregivers for Tomorrow - **\$1,906,040**
- Supporting Patients, Families, and Staff - **\$2,691,978**
- Innovating the Future of Care Through Research - **\$127,255**
- TOTAL - **\$8,894,816**

Patients

- Admissions - **83,976**
- Inpatient & Outpatient Surgeries - **45,418**
- Emergency Trauma Visits - **251,804**
- Outpatient Visits - **660,140**

Caregivers



Employees
13,867



Medical Staff
1,626



Volunteers
1,155

Making Strides Against Cancer



The Premier Health Hospital Foundations are dedicated to supporting patients and their families in their fight against cancer. Through donor support, the Foundation continues to pave the way for advancements in cancer treatment and care, offering hope and healing to those battling the disease. From funding cutting-edge equipment and services to providing financial support to patients during their treatments, the Foundations are committed to making a difference in the lives of those impacted by cancer.

In Ohio, lung cancer is the second most common cancer in men and women, and the leading cause of cancer deaths. The rate of new lung cancer cases is significantly higher in Ohio than in the country, with the five-year survival rate significantly lower than the national rate. A generous grant from the Maxon Foundation – U.S. Bank, N.A., Trustees helped Atrium

Medical Center Foundation purchase the ILLUMISITE Navigational Bronchoscopy device that allows access to difficult-to-reach peripheral lesions within the lung, enabling physicians to biopsy nodules that might be cancer at a smaller size than with traditional bronchoscopy.

Cancer patients in need of a blood transfusion can spend anywhere from one to four hours in an infusion chair. Miami Valley Hospital Foundation and Good Samaritan Foundation-Dayton continue to raise funds for 25 bays at Miami Valley Hospital North and 22 bays at Miami Valley Hospital South. The outpatient bays contain a specialized reclining chair that offers both heat and massage with the goal of providing a comforting space for our cancer patients during their treatments.

Good Samaritan Foundation-Dayton operates several funds that serve the needs of cancer patients, including a breast cancer fund through the

Foundation's Rays of Hope event. Held annually in early November, the event highlights a cancer patient who received support from the fund, which helps breast cancer patients who cannot afford much-needed medical attention, as well as financial support with the essentials, such as rent, utilities, transportation to treatment, and medication.

In Miami County, Upper Valley Medical Center Foundation partnered with the late Ken Heath and his wife, Jean, to supply Premier Health cancer patients with a Cancer Care Pack. The program offers cancer patients backpacks filled with necessities, such as a blanket, water bottle, an uplifting book, and journal, to make their infusions and chemotherapy treatments a little more comfortable.



Care in the *Air*



When every second counts, Premier Health's CareFlight Air and Mobile Services is there to provide emergency transportation for those with serious illness and trauma. The four Premier Health Hospital Foundations recognize the lifesaving value CareFlight brings to our community.

In 2022, the four hospital Foundations purchased 10 Hamilton ventilators that are stationed in each of CareFlight's four helicopters and five Mobile Intensive Care Units (MICUs). These ventilators replaced equipment from 2007 that are no longer in production.



"Ventilators are a standard piece of equipment required for the transport of critical patients," says Beth Calcidise, former director of CareFlight Air & Mobile. "The State of Ohio requires ventilators

for licensure and our accreditation body additionally requires they are readily available on all vehicles providing transportation of critically ill or injured patients."

The new Hamilton ventilators have an integrated oxygen consumption calculation and project the

amount of time a patient can be supported on the current settings, a safety aspect necessary for care. The ventilators also allow for additional modes of ventilation and an increased Positive End-Expiratory Pressure support for COVID-19 and other high risk respiratory cases that CareFlight frequently transports.

Less than a week following the delivery of the new Hamilton ventilators, CareFlight received a request from a Southeast Ohio hospital needing to transport a 6-week-old child diagnosed with RSV to Pittsburgh.

"No pediatric beds were available within 200 miles due to hospitals being at capacity, so they had to admit the baby into their adult ICU," explains Calcidise. "The baby was critically ill and likely would not survive unless they were able to be transferred."

Multiple nearby air ambulance services were called to transport the infant, but none could accommodate the baby's needs. The hospital eventually called CareFlight to see if the ventilators on board the helicopter could support the child.

"Our CareFlight team arrived at the child's bedside and immediately transitioned the infant to our Hamilton vent," says Andrew Hawk, MD, former



medical director of CareFlight.

"The physician wanted to recheck the baby's blood gas after being on our ventilator and she had drastically improved."

Due to the Foundation's support and

the lifesaving Hamilton ventilator, the highly skilled CareFlight team was able to deliver the specialized care the baby needed. The flight was about 60 minutes to Pittsburgh, and the baby had significantly improved upon CareFlight's arrival to University of Pittsburgh Medical Center.



CELEBRATING 40 YEARS OF EXCELLENCE

Premier Health's CareFlight Air and Mobile Services is celebrating its 40th anniversary in 2023. A symbol of hope and strength for the community, CareFlight consists of four helicopters, five ground MICUs, and a team of more than 200 people dedicated to the health and safety of those who need immediate medical care and swift transport.

Since 1983, CareFlight has transported more than 78,000 patients and served more than 200 hospitals surrounding Ohio. Throughout its history, CareFlight has offered its services to more than 700 fire and police departments in a 150-mile radius of Southwest Ohio.

The Foundations are proud to support this critical service that has saved thousands of lives in our community.



Atrium Medical Center

Looking back on 2022, we are inspired as we celebrate the generous donors who make our job at Atrium Medical Center Foundation so rewarding. Our donors are the people who see a need, have the passion, and wish to help us achieve what might otherwise be beyond our grasp.

Over the past year, our Foundation has supported orthopedic and spine programs and technology; provided continued funding for our Help Endure a Loss (HEAL) bereavement program for families coping with the loss of a child; backed pulmonary and heart care; and enhanced women's services and cancer care by funding advanced technology for early detection.

Philanthropy is a driving force in transforming our community, as gifts improved programs and services that address our hospital and community's greatest

needs. With support from the Foundation's generous donors, corporate partners, and grants, Atrium Medical Center is able to provide award-winning and nationally recognized care to our patients and their families.

At Atrium Medical Center Foundation, we take time to reflect and celebrate all that we accomplished together. Your inspired philanthropy led the way to a record-breaking year in support of our bold vision of serving families in Southwest Ohio. We are honored to share with you the inspiring impact your giving makes. We'd also like to express our sincerest gratitude to Tom Ferrell for his service, leadership, and dedication to the Foundation as he completes his term as chair of our Foundation's board of directors.

Your generosity and expressions of gratitude –

individually and collectively – enable us to envision and achieve the remarkable. Thank you for working with us and connecting your purpose and passion with our mission to help our hospital build healthier communities and inspire better health.

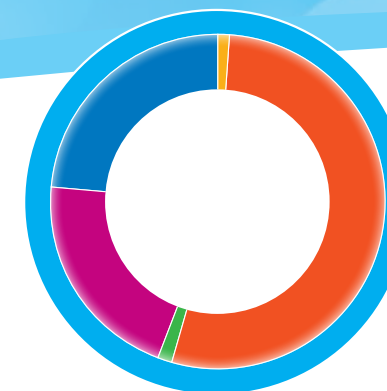


Kirk W. Reich
Chair, Atrium Medical Center
Foundation
Board of Directors



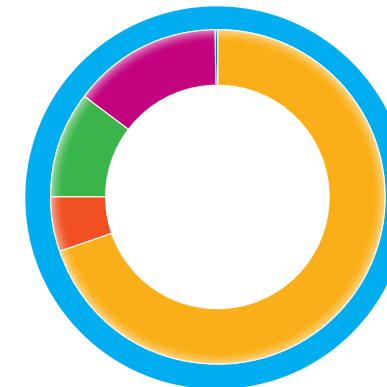
Michael D. Stautberg
President, Atrium Medical Center
Foundation
System Vice President
of Planned Giving,
Premier Health

2022 Revenue for Atrium Medical Center Foundation



- Annual Giving - **\$344,552**
- Major Giving - **\$1,353,833**
- Events - **\$324,999**
- Planned Giving - **\$526,159**
- Grants - **\$596,850**
- TOTAL - **\$3,146,393**

Funds Distributed in 2022 by Atrium Medical Center Foundation

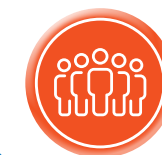


- Creating Healing Environments - **\$932,015**
- Caring for Our Community - **\$73,561**
- Educating Caregivers for Tomorrow - **\$137,065**
- Supporting Patients, Families, and Staff - **\$192,731**
- Innovating the Future of Care Through Research - **\$1,150**
- TOTAL - **\$1,336,522**

Patients

- Admissions - **13,410**
- Inpatient & Outpatient Surgeries - **5,974**
- Emergency Trauma Visits - **36,954**
- Outpatient Visits - **104,879**

Caregivers



Employees
1,339



Medical
Staff
633



Volunteers
206

Transforming Cardiac Care

Enhancing the quality of care for our cardiac patients is vital to the mission of Atrium Medical Center Foundation. Through the Foundation's Kindness Campaign, the cardiac cath lab's three rooms are being renovated thanks to the generosity of our donors.



"As a full-service hospital in Middletown, this project is being highlighted by new technology and additional space to handle the growing demand for cardiac services," says Mouhamad Abdallah, MD, medical director of Atrium's Chest Pain Center and Cardiac Catheterization Lab. "Cardiac catheterization services are vital as the patient population ages and as comorbidities like diabetes, hypertension, and obesity increase."

Gifts to the Foundation supported the installation of new imaging systems, providing cardiologists with improved views of coronary arteries. This cutting-edge

equipment ensures better diagnostic accuracy and enables prompt detection of cardiac issues. The enhanced imaging quality replaces outdated equipment that was no longer sustainable due to the lack of available parts.

"Cardiovascular disease is one of the top three causes of death in Butler and Warren counties," explains Dr. Abdallah. "These enhancements, funded by the Foundation, also added lab space to accommodate the needs of this community."

Beyond the advancements in technology, the renovations address operational efficiency and patient convenience. By minimizing downtime and reducing equipment breakdowns, the waiting period for procedures will be significantly shortened.

"We wouldn't be able to do this without the community's help," says Lisa Baker, RN, manager of Atrium's Cardiac Cath Lab and Pain Center. "This is a very costly project, and we are so appreciative of the Foundation and their donors for recognizing a need

and supporting this much-needed renovation for our patients."

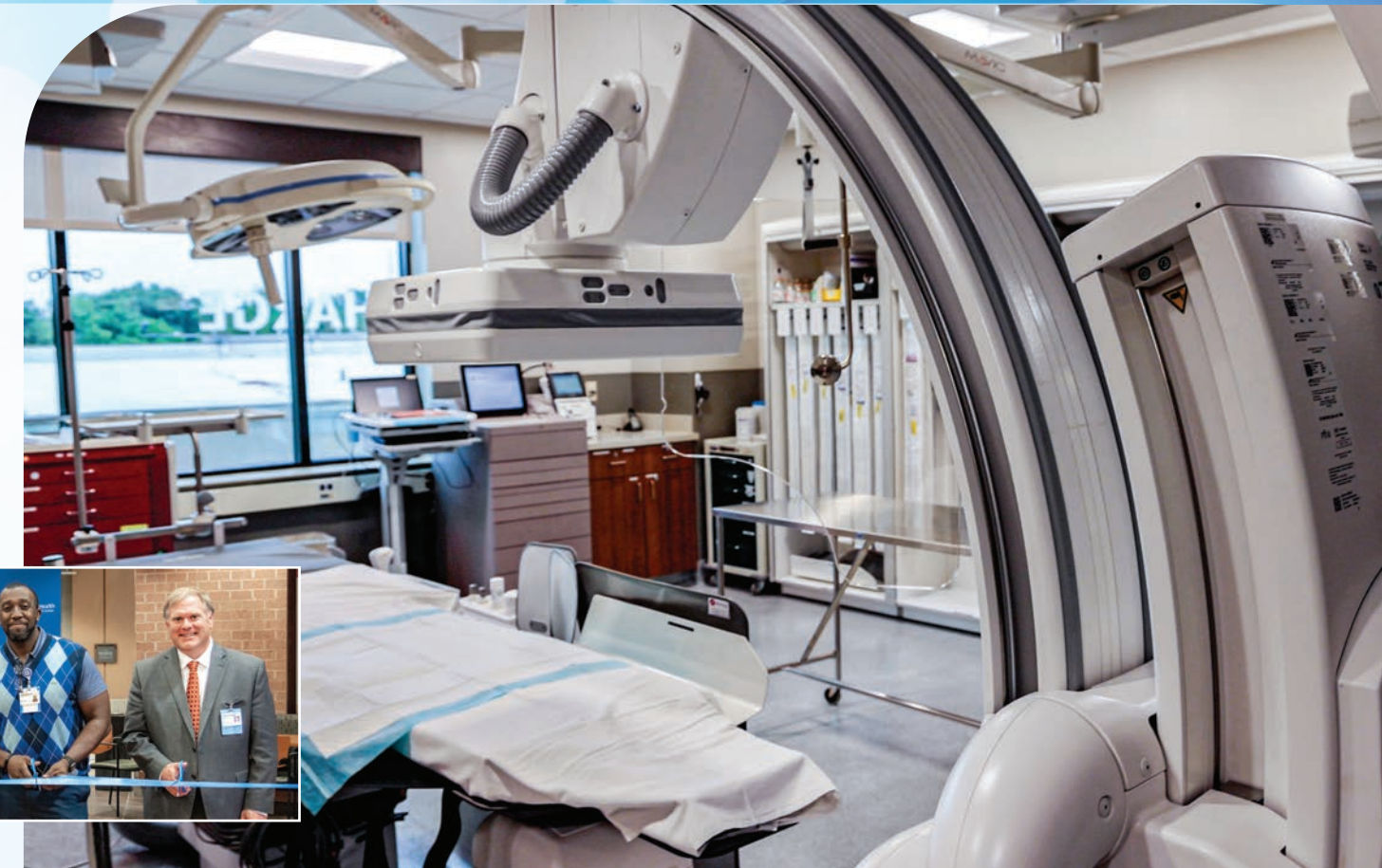
The Foundation has been actively contributing to each of the four phases of this project. The support of our donor community has played a vital role in maintaining and investing in cardiac care.

"Donors are doing a huge favor for Middletown, Atrium, and for our patients by advocating for our mission, and we are truly appreciative of their support," says Dr. Abdallah. "Simply put, their support of the cardiac cath lab is saving lives."

Renovations of Atrium's cardiac cath lab represent a significant milestone in advancing cardiac care in Southwest Ohio.

The modernization of equipment, expanded lab capacity, and support from donors allow us to provide exceptional care to cardiac patients, reduce wait times, and meet the rising demand for services. Through our donors' gifts, we are making a profound difference in the lives of countless individuals.

Renovations of Atrium's cardiac cath lab represent a significant milestone in advancing cardiac care in Southwest Ohio.





Celebrating Life's **Joyful Moments**

Every day at Atrium Medical Center, providers and staff help adults of all ages and abilities regain the joy of movement with joint replacements and other orthopedic and spine procedures. Atrium Medical Center Foundation hosted its fifth triennial gala, *Joie de Vivre: An Evening to Celebrate Life's Joyful Movements*, at Sharonville Convention Center, raising more than \$300,000 for new orthopedic and spine technology and services for Atrium patients.

"Every day at Atrium, we help adults of all ages and abilities regain the joy of movement with joint replacements and other advanced orthopedic and spine procedures," says Keith Bricking, MD, MBA,



FAAEM, chief clinical officer at Premier Health and former president of Atrium Medical Center. "Our entire team focuses on providing care to patients, close to home, and returning them to the lives they love."

Emceed by former Cincinnati Bengals quarterback Ken Anderson, the Foundation's gala would not have been possible without the support of participants, sponsors, volunteers, and the hard work and dedication from our incredible gala chair, Patricia Miller Gage, and her committee. The 2022 gala committee provided more than 800 participants with a memorable event to celebrate our patients, staff, volunteers, and community.

"The pandemic prompted us to postpone our gala twice," says Patricia Miller Gage, chair of the *Joie de Vivre* Gala Committee. "After more than two years, this gala offered a fun evening of fellowship and provided support to our Foundation and Atrium in enhancing comfort and care for patients in Southwest Ohio."

The *Joie de Vivre* gala honored physician hero, Raymond Kiefhaber, MD. A pioneering orthopedic surgeon, Dr. Kiefhaber practiced in Middletown from 1960 until his retirement in 2010. The gala also honored two community heroes, Dr. Bruce and Neila

Barnes. The couple has lived in the Middletown area for more than 60 years and volunteered for many local organizations, including the Foundation. The Barnes also started the Foundation's Heritage Society, which recognizes those who include the Foundation in their wills or estate plans.

The gala included a silent auction with more than 75 prize baskets and experiences available for gala participants, as well as an inaugural President's Choice Bourbon Raffle, where one person received five highly coveted bourbons and was invited to a bourbon tasting for two with Dr. Bricking and his wife, Cindy.



Good Samaritan Foundation- Dayton

For the past 50 years, enhancing the health and well-being of our patients and community is at the heart of everything we do at Good Samaritan Foundation-Dayton. By uniting the passion and commitment of our donors, together, we have accomplished what none of us could achieve on our own.

We are overwhelmed with the generosity of our donors, friends, and health care team, who together, are shaping the future of care in our community.

In the past year, Good Samaritan Foundation-Dayton continued its mission of supporting Miami Valley Hospital North by providing patients access to exceptional care enhanced by donor-funded programs and services. Our Foundation continues to offer much needed resources to our patients and staff in the

second busiest emergency department in the Premier Health system.

Additionally, the Foundation's donors are helping to fund 25 new infusion bays at the North Campus for cancer patients to be completed in 2023, supported vulnerable community members at Samaritan Health Center, and opened an Employee Garden and Walking Trail as part of the second phase in the Trail of the Good Samaritan Project.

We remain steadfast in providing the communities served by our North Campus with excellent health care. We are dedicated to fostering healthy and resilient communities and excited to lead the charge that ensures every patient gains access to the quality care they need and deserve.

Thank you for your commitment to our vision and our future! We hope you stay in touch and continue your support as we work to enhance local health care in the Greater Dayton community.

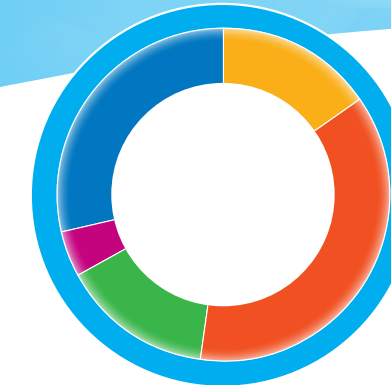


Jo Anne F. Reiling
Chair, Good Samaritan
Foundation-Dayton Board of
Trustees



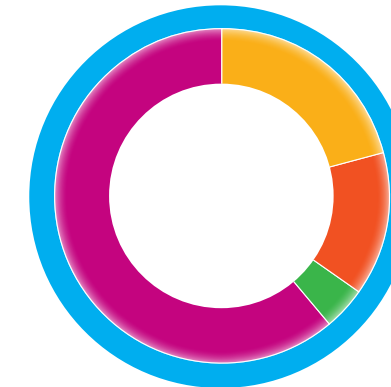
Beth Hutter
Vice President, Good Samaritan
Foundation-Dayton

2022 Revenue for Good Samaritan Foundation-Dayton



- Annual Giving - **\$74,245**
- Major Giving - **\$177,596**
- Events - **\$70,925**
- Planned Giving - **\$20,877**
- Grants - **\$136,733**
- TOTAL - \$480,376**

Funds Distributed in 2022 by Good Samaritan Foundation-Dayton

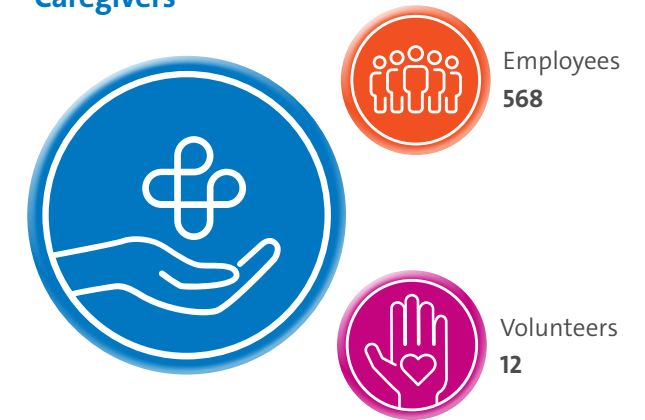


- Creating Healing Environments - **\$244,622**
- Caring for Our Community - **\$161,904**
- Educating Caregivers for Tomorrow - **\$46,694**
- Supporting Patients, Families, and Staff - **\$709,073**
- TOTAL - \$1,162,293**

Patients

- Admissions - **2,015**
- Inpatient & Outpatient Surgeries - **6,164**
- Emergency Trauma Visits - **44,700**
- Outpatient Visits - **122,144**

Caregivers



Emergency Care **for Seniors**

“It is so reassuring for our senior population to know that we have a special space in our emergency department. These specialized rooms provide comfort and peace to seniors in a time that can be scary and disorienting.”

Specialized care is critical for older patients in need of emergency treatment. Through the generosity of donors, Good Samaritan Foundation-Dayton helped establish a Senior Emergency Program at Miami Valley Hospital North.



“We have seen an increase in the number of patients in the Emergency Department,” explains Alison Potts, MSN, RN, NE-BC, director of nursing at the North Campus. “Patients over the age of 65 account for about 30 percent of the visits to the emergency department and about 60 percent of the total hospital admissions.”

Significant gifts from the estate of Don and Margaret Penny and The Maxon Foundation, U.S. Bank, N.A., Trustee provided funding for the emergency department to be reconfigured for three senior-friendly rooms to eligible patients ages 65 and older.

“Donor assistance from the Foundation has been critical in supporting our Senior Emergency Program

by providing services and tools for our older patients and their families who come to us for treatment,” says Peggy Hale, DO, a board-certified emergency medicine physician.



Currently, the North Campus is the second-busiest ED in the Premier Health system, only behind Miami Valley Hospital’s main campus. In 2022, nearly 44,700 patients were served by the ED at the North Campus. The specialized treatment areas for seniors are designated rooms with amenities and equipment that create a safe and more comfortable experience for senior citizen patients and their families.

“It is so reassuring for our senior population to know that we have a special space in our emergency department,” says Dr. Hale. “These specialized rooms provide comfort and peace to seniors in a time that can be scary and disorienting.”

The three treatment rooms offer a different level of privacy and comfort, with solid doors, nonskid floors,

calm color accent walls, specialized lighting, large-faced clocks, easy access to warm blankets, bedside commodes, mobility aids, and space to accommodate family members and support aids.

Premier Health was the first health system in Ohio and the second in the nation to achieve system-wide Geriatric Emergency Department Accreditation from the American College of Emergency Physicians. This distinction recognizes emergency departments that provide excellent care for older adults.

“Clinical staff are specially trained in caring for seniors, including specific education in geriatric emergency care and health care screening protocols,” explains Potts.

These services to our elderly population would not be possible without the support of Foundation donors.

“We are incredibly grateful to Good Samaritan Foundation-Dayton for their support of this program,” says Potts. “Their donors have been instrumental in helping us serve the needs of this special population.”



Offering in-Home Care

Good Samaritan Foundation-Dayton has been instrumental in supporting the Community Paramedicine Program, a collaboration between Premier Health and the City of Dayton Fire Department to provide in-home care to patients with limited access to health care services.

Since winter 2019, the program has served more than 315 eligible residents by providing free access to primary care physicians, prenatal care, senior care services, medications, and basic needs such as food and safety.

“This collaboration between Premier Health and the City of Dayton Fire Department is aimed at positively affecting the health and wellness of



patients and help reduce readmissions,” says Brendan Deere, EMT-P/I, manager of Premier Health’s EMS Center of Excellence. “Our patients have

benefited tremendously from the support and resources they receive from our paramedicine program outside the hospital setting.”

The program’s team of a City of Dayton Fire Department emergency medical technician (EMT), paramedic, and social worker visits enrolled patients in their homes to offer health assessments, safety checks, COVID-19 vaccinations, and education about health condition management and medical care resources.

Kendra Harris, a paramedic for the City of Dayton Fire Department, explains the team supports patients who may not understand how to navigate available resources.



“Our goal is to educate our paramedicine patients about their diagnosis in the comforts of their own home.”

The program, which is funded by gifts from Good Samaritan Foundation-Dayton donors, provides patients with time and attention, addressing chronic conditions and connecting patients to appropriate resources to improve their health and hopefully reduce future hospitalizations and health emergencies.



“Being on the frontlines, we see the positive impact this program is making each day,” explains Nathan Pulliam, an EMT for the City of Dayton Fire Department. “Many of our patients feel good about participating in the program

because they know they have an entire team in their corner.”

The Community Paramedicine Program has completed more than 765 in-home visits, and 103 patients have graduated or completed the program.

The program provides patients with time and attention, addressing chronic conditions and connecting patients to appropriate resources to improve their health and hopefully reduce future hospitalizations and health emergencies.



Miami Valley Hospital

Miami Valley Hospital's ability to deliver high-quality and innovative health care services our community depends on has always relied on philanthropic giving. Since its founding in 1890, we have received invaluable financial contributions, thousands of hours of volunteered time, and unflagging community support.

Miami Valley Hospital continues to be a beacon of hope and dependability in an era where health care is unsettled as costs continue to rise. Your gifts support essential programs and services that are not included in the hospital's annual operating budget.

Our hospital's storied history is inspiring, and we are excited about the bright future of Miami Valley Hospital as the region's leader in providing critical

health services to the Dayton community. That future necessarily includes your continued financial support, and prudent stewardship of those gifts entrusted to the Miami Valley Hospital Foundation. Please know that we endeavor to maximize the impact of every gift through sound financial management and effective prioritization of the many needs expressed to our staff.

In this year's annual report, we want to highlight the daily impact philanthropy has on our award-winning and nationally recognized hospital.

Your support keeps the Foundation team focused and reminds us that "we're all in this together." Donors support the Foundation, the Foundation supports Miami Valley Hospital, and the hospital supports its

patients. It's a cycle of gratitude – one in which we are so thankful you continue to play a critical role.

We thank you for your support of Miami Valley Hospital Foundation.

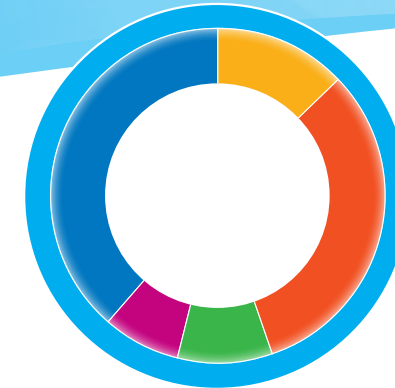


Gregory A. Robinson
Chair, Miami Valley Hospital
Foundation Board of Trustees



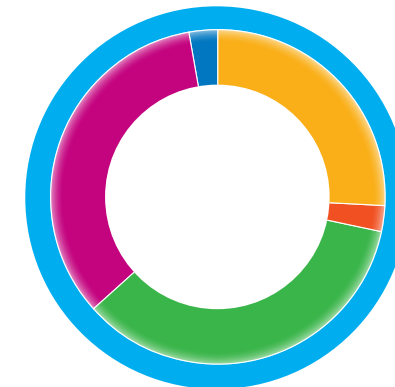
Beth Hutter
Vice President, Miami Valley
Hospital Foundation

2022 Revenue for Miami Valley Hospital Foundation



- Annual Giving - **\$652,361**
- Major Giving - **\$1,622,773**
- Events - **\$476,954**
- Planned Giving - **\$377,836**
- Grants - **\$1,950,862**
- **TOTAL - \$5,080,786**

Funds Distributed in 2022 by Miami Valley Hospital Foundation



- Creating Healing Environments - **\$1,228,049**
- Caring for Our Community - **\$117,824**
- Educating Caregivers for Tomorrow - **\$1,650,067**
- Supporting Patients, Families, and Staff - **\$1,593,911**
- Innovating the Future of Care Through Research - **\$126,105**
- **TOTAL - \$4,715,956**

Patients

- Admissions - **59,858**
- Inpatient & Outpatient Surgeries - **29,030**
- Emergency Trauma Visits - **142,406**
- Outpatient Visits - **341,678**

Caregivers



Serving Underserved Patients



Social determinants of health continue to be a focus for the Foundations. In partnership with CareSource, the Miami Valley Hospital Foundation helped fund a new Premier Community Health Mobile Clinic that will serve people in communities with limited access to health care throughout Southwest Ohio.

“The new Mobile Clinic will enhance our current program by providing private exam rooms, fully functioning testing equipment, and handicap accessibility,” explains Paula Thompson, former president and CEO of Fidelity Health Care. “This new coach allows us to expand the number of events, provide additional screenings, and offer more resources to people in our underserved communities with compassionate and respectful care.”

The new 2022 Ford E450 Mobile Clinic provides

patients with two private exam rooms, ADA accessibility, and WiFi. The program currently offers health screenings, such as blood pressure, total cholesterol, HDL cholesterol, blood glucose, and hemoglobin A1c; health and lifestyle education; and flu and COVID-19 vaccinations.

Patients ages 18 and older who utilize the Mobile Clinic receive free care through funding from the Premier Health Community Benefits Program and the health system’s four hospital Foundations.

The Mobile Clinic program, which launched in 2019, has served thousands of patients who are uninsured or underinsured. In 2022, the Mobile Clinic provided nearly 1,000 screenings at community events and weekly screening stops.

Since its inception, the Mobile Clinic has been instrumental in the health system’s Barbershop Health initiative; COVID-19 testing and vaccination clinics; serving patients during the 2019 Memorial Day tornadoes; and participating in community events,

such as drive-thru food distributions at the Foodbank. Additionally, the Mobile Clinic partners with CareSource to provide patients and community members with education on free or low-cost health insurance services.

“The Mobile Clinic program bridges the gap in access to health care, especially between health care professionals and community members who may not have access to care or a physician,” says Thompson. “This new coach will significantly increase community outreach to high-risk populations as we expand our overall program footprint.”

The new Mobile Clinic replaces a 2004 Airstream Bus that was funded by The Maxon Foundation, U.S. Bank, N.A., Trustee and Atrium Medical Center Foundation.



Regaining Freedom and Quality of Life

Donor gifts made the move to this incredible facility possible, and their continued support also helps patients who cannot afford the program.

Debi Zimmerman loves spending time with her grandchildren and dogs. The active 69-year-old Washington Township resident never dreamed she would find herself in the back of an ambulance after suffering a heart attack.

"I wasn't sure what was happening," remembers Debi. "The following morning, my doctor put two stents in to open up blood flow."

Debi suffered a heart attack in 2012 when she was 59 years old. Now, more than a decade later, she continues to work hard to never experience another health scare as she did that day.

"I have COPD and emphysema really bad," says Debi. "I have to continue to keep all of this in check in order to stay healthy and active."

For nearly four years, Debi has been a patient of Miami Valley Hospital's pulmonary rehabilitation program. Recently, the rehab program was moved to Miami Valley Hospital South to become the Dr. Mukul S. Chandra Cardiovascular and Pulmonary Disease Prevention and Rehabilitation Center.

Funded by gifts to the Miami Valley Hospital Foundation, this new facility honors the legacy left behind by beloved cardiologist Mukul S. Chandra, MD. The new center offers a larger workout area, additional exercise equipment, new technology, updated locker rooms, convenient handicap accessibility, and space for future growth and innovation.

"This center provides multiple programs to our patients," explains Sophia Dillhoff, BSN, RN, nurse manager of the center. "It's a cardiac rehab, a pulmonary rehab, and then we also have our HeartWorks program, which includes vascular rehab and preventative cardiology."

Debi says the facility at Miami Valley Hospital South has made a difference in her rehab, treatment, and overall experience.

"It's brighter," says Debi. "I love all

the windows. You can see the flowers; you can see the trees. It has so much more equipment and allows all the patients to participate."

Leaders with the new Dr. Chandra center say this enhanced facility would not have been possible without the support of Foundation donors.

"Foundation support is critical," says Mike McKewen, MHA, director of cardiovascular and respiratory services at Premier Health. "Donor gifts made the move to this incredible facility possible, and their continued support also helps patients who cannot afford the program."

Debi says her experience with the program has helped her regain her freedom and improve her overall quality of life.

"This center has shown me the ropes," explains Debi. "Now, I can take my grandchildren to the movies or go to dinner and not have to worry or struggle. I don't know where I'd be today if it wasn't for this rehab program."





Upper Valley Medical Center

Two words that cannot be said enough is thank you. Donor support has been instrumental at Upper Valley Medical Center Foundation in providing the best care and services possible for our patients and their families. Your support has made a significant impact on the lives of our patients, and we are incredibly grateful for your generosity.

Despite the challenges of the past year, our Foundation has achieved many successes thanks to you and other donors. In 2022, we were able to provide funding for critical initiatives that have improved the quality of care and outcomes for our patients at UVMC.

Your gifts helped us continue our important work in the Northern Miami Valley, to include bringing back the free health screenings throughout our community and providing HOPE Squad to the majority of Miami County Schools. You've offered relief and courage to our oncology patients through integrative therapies

while allowing them to stay close to home. Additionally, you've assisted with the purchase of state-of-the-art surgical equipment to bring the best experience and result for your friends and neighbors. And the list goes on and on. Please know that none of these successes would be possible without your kindness.

As we look forward to 2023, the UVMC Foundation will continue to help our hospital expand and increase health care services to our patients and our community. Over the next couple years, your support will help upgrade and relocate our Cardiac Catheterization Lab closer to the Emergency Department, to provide faster emergent care to our cardiac patients, ultimately saving more lives. It will help create a new Women's Imaging Center that will allow us to bring all the women's imaging needs together to create a very personalized and private experience for our patients. And of course, we'll

continue to offer free health screenings to the community, programs for our oncology patients, and other ongoing needs of our hospital departments. You make this happen! We can't do it without you and others.

On behalf of the entire Foundation, we want to express our deepest gratitude for your support and trust in our work. Your gifts and support are inspiring

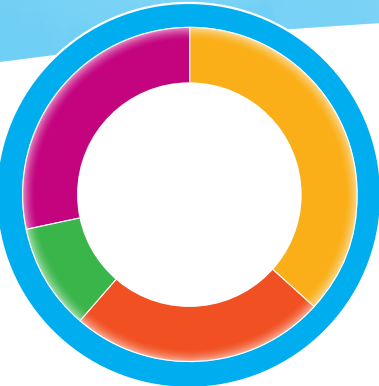


George Lovett
Chair, Upper Valley Medical Center Foundation Board of Directors



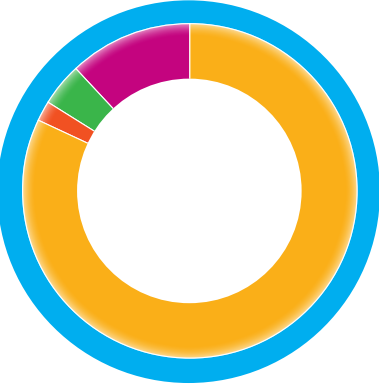
Duanna Osting
President/Executive Director, Upper Valley Medical Center Foundation

2022 Revenue for Upper Valley Medical Center Foundation



- Annual Giving - **\$229,051**
- Major Giving - **\$152,429**
- Events - **\$63,400**
- Grants - **\$175,593**
- TOTAL - \$620,473**

Funds Distributed in 2022 by Upper Valley Medical Center



- Creating Healing Environments - **\$1,379,518**
- Caring for Our Community - **\$32,050**
- Educating Caregivers for Tomorrow - **\$72,214**
- Supporting Patients, Families, and Staff - **\$196,263**
- TOTAL - \$1,680,045**

Patients

- Admissions - **8,693**
- Inpatient & Outpatient Surgeries - **4,250**
- Emergency Trauma Visits - **27,744**
- Outpatient Visits - **91,439**

Caregivers



-  Employees **1,033**
-  Medical Staff **544**
-  Volunteers **45**



Advanced Technology: Pinpointing Kidney Stones

Mary K. Rike loves to bake and spend time in the kitchen. But her time doing the activities she loves was hindered by the pains associated with her kidney stones.

"I had four babies naturally, and the pain is pretty much like that," explains Mary. "It is very painful."

Mary had been treated both medically and surgically the past couple of years by Robert Kohut, MD, at Premier Health Urology at Upper Valley Medical Center.



"The blocked flow of urine causes immense pain in the kidney," says Dr. Kohut. "Other signs could include blood in urine, burning with urination, nausea, and vomiting."

After Mary's third experience with kidney stones, she underwent a laser lithotripsy, an advanced procedure

that uses a laser to break kidney stones into tiny pieces.

"This is a surgical procedure where a small camera goes into the ureter and/or kidney," says Dr. Kohut. "When the stone(s) are visualized, they are fragmented with a laser."

In 2022, the Foundation purchased a new Lumenis Pulse Laser System with MOSES Technology, an innovative device that has significantly improved the management of stones in advanced urology procedures, including a 20 percent reduction in procedure time and a 33 percent improvement in fragmentation efficiency.

"The device purchased by the Foundation replaces outdated equipment," says Dr. Kohut. "This is a needed upgrade that can treat larger stones more efficiently and can also decrease the number of procedures a patient may need to rid themselves of a stone."

After being placed on medication to prevent kidney stones, Mary is back to doing the things she loves and is grateful to the Foundation and Dr. Kohut for helping guide her through the pain and procedure.

"Everyone - the nurses, anesthesiologists, the doctor - are very informative to me and to my family waiting to hear about a procedure," says Mary. "I was a little nervous. They calmed me down, got me through it."

Dr. Kohut says this advanced, new equipment would not be available to the community without the support of UVMC Foundation.

"The Foundation donors have been instrumental," explains Dr. Kohut. "They have allowed me to bring care that is typically not available in rural areas. This support and service is extremely beneficial to our patients and to those in our community."

This device, purchased by the Foundation, will advance treatment and care to UVMC kidney stone patients.



Free Community Health Screenings



In keeping with our mission to enhance health and wellness in our communities, Upper Valley Medical Center Foundation has partnered with Miami County Foundation, the Troy Foundation, and Piqua Community Foundation to host free monthly health screenings across Miami County.

The free screenings include blood pressure and glucose checks provided by Premier Community Health nurses.

Regular health screenings are critical in helping prevent and detect chronic health conditions, including heart disease and diabetes. According to Miami County Public Health, heart disease and diabetes are more prevalent in Miami County than any other county in Ohio.



“We are pleased to be able to bring these free screenings back to our community,” says Duanna

Osting, president of the UVMC Foundation. “These simple health checks to monitor blood pressure and glucose levels can help identify conditions that, if left untreated, can contribute to increased risk of heart attack, stroke, diabetes, and other health problems.”

“We’re grateful to our hospital foundation and the community foundations that are helping to fund this program as part of Premier Health’s mission to support strong, healthy communities,” explains Kevin Harlan, UVMC president.

Since relaunching the program following the COVID-19 pandemic, more than 100 people participated in the monthly health screenings. Health insurance is not required thanks to donor support from UVMC Foundation and its partners.



“Offering these at convenient locations in the community allows health care professionals to

engage with the community at a time and place that is easily accessible,” says Sumayyah Shermadou, MPH, CHES, program manager at Premier Community Health.

“High blood pressure is known as a silent killer,” explained Shermadou. “Oftentimes, those who have high blood pressure don’t realize they have it because they don’t experience or show any symptoms. This program aims to detect and address these health risks early on, helping people to take control of their health and prevent potentially life-threatening complications.”



FOR MORE INFORMATION about the free health screenings offered by the Foundation, scan the QR code





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31 Wyoming Street
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