

Insight

 Miami Valley Hospital
Foundation

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'Champions of Hope' Recognized During Tribute Event

Champions of Hope, an uplifting recognition ceremony that honors four remarkable individuals for their achievements in the battle against cancer, was held Oct. 11 at The Steam Plant in Dayton.

This year's event raised more than \$61,000 to help expand integrative therapies for oncology patients, including specialized exercises, yoga, massage, and therapeutic art. Proceeds also support a snack cart for infusion patients, and a discretionary fund for patients with unanticipated expenses associated with their cancer treatment.

Emceed by WHIO-TV 7 anchor Cheryl McHenry, this year's honorees included:

PERSON OF INSPIRATION – Mary Lynn Dorow – Mary Lynn has bravely fought ovarian cancer for more than six years. As a mother of three adult children and the executive vice president of Fred J. Miller, Inc., Mary Lynn is described as a multi-tasker who always has a positive attitude. Through her battles with ovarian cancer, she still finds time to be active in the community, mentor and coach students at Archbishop Alter High School, and spend time with loved ones.

CAREGIVER – Elesha Snyder – Elesha is the cofounder of Breast Wishes, a nonprofit organization that has granted more than 150 wishes for local breast cancer patients since 2017. Elesha was inspired to start Breast Wishes following the passing of her sister, Kelli, in 2006 after a five-year battle with breast cancer.

SURVIVOR – Marysusan Vinskey – Marysusan is known for her positive outlook, great attitude, and compassionate demeanor. As a stage four ovarian cancer patient and mother of three children, Marysusan is still involved in mentoring other cancer patients; helping with nonprofit organizations, such as Pink Ribbon Girls and 4BytheShore; and educating the public through speeches about cancer.

MEDICAL PROFESSIONAL – Tarek Sabagh, MD, MS - Dr. Sabagh is board certified in medical oncology and hematology at Premier Health. He is a member of the American Society of Clinical Oncology, Dayton Clinical Oncology Program, and the Society for Immunotherapy of Cancer. Dr. Sabagh has been treating patients and teaching medical students as an Associate Clinical

Professor at Wright State University Boonshoft School of Medicine for more than 20 years. He is a passionate and dedicated physician who always advocates for his patients.

This year's event also featured a Tribute Bouquet that honored and memorialized those who have played a role in the fight against cancer.



Thank You



Thank you so much for your support of the Foundation's efforts on behalf of Miami Valley Hospital patients. Our Foundation's mission is to help save lives, heal and care for patients, comfort their families, good health, and meet new medical challenges, keeping innovative health right here in Southwest Ohio.



The Miami Valley Hospital Foundation is grateful to all of our generous donors who help to keep Premier Health one of the top health care institutions in the nation. We appreciate the many philanthropists whose collective efforts are a force for good health and a better quality of life.

This year, through your support, the Miami Valley Hospital Foundation has supported causes and services that benefit our patients, their families, and our frontline staff. Some of the most recent projects include providing funding for equipment to carry whole blood on board our CareFlight helicopters, funding a clinical research pharmacist whose responsibilities help our oncology team in providing more clinical trials for cancer patients, and funding new technology to help Miami Valley Hospital surgeons view real-time images of a patient's blood flow – just to name a few.

You know that great health care is key to a strong community. Your continued support of the Miami Valley Hospital Foundation is making a difference for neighbors in need.

Two words can never be expressed more sincerely – THANK YOU.

Gregory A. Robinson
Chair, Board of Trustees

Beth Hutter
Vice President



Mike Riordan Takes Over as Premier Health President and CEO



Michael "Mike" Riordan, a seasoned and successful health care leader with extensive experience with community partnerships, took over as Premier Health's new president and CEO in January.

Mike's selection follows a national search and review of dozens of candidates. He is the first external candidate to be selected to lead Premier Health since its formation in 1995.

Mike brings progressive hospital and health care experience, including nearly 20 years in CEO leadership positions for prominent health systems across the United States, including the University of Chicago Medical Center and Greenville Health System/Prisma Health in Greenville, South Carolina.

He has served as an Independent Director with Owens & Minor since December 2019, as well as on the global health care solutions company's Audit and Governance & Nominating Committees. In addition, Mike was recently selected to be an adjunct senior advisor for McKinsey and Company's Healthcare Systems and Services Practice.

Through his experience, Mike developed systems that positively impacted the teams with which he has worked. He also brings knowledge of creating and leading organizational vision and direction.

Mike earned a bachelor's degree in liberal arts/English and a master's degree in education/psychology from Columbia University in New York, as well as a master's degree in health systems from the Georgia Institute of Technology. Additionally, he served three years as a lieutenant in the United States Marine Corps.

Mike and his wife, Susan, reside in Oakwood. They take great pride in their five grown children and one grandchild.

Riordan succeeds Mary Boosalis, whose service to Premier Health, Miami Valley Hospital, and the region spans 35 years, including the past five as the health system's president and CEO.

Giving Back to the Burn Unit Three Decades Later

Roger Poeppelmeier of Kettering was working on a job site in 1991 when a pipe, filled with scalding hot tar, burst and struck him in the chest.

"Nearly 28 percent of my body was burned," remembers Roger.

The boiling hot tar burned Roger's face, arm, stomach, and chest. He was transported by ambulance to Miami Valley Hospital's Regional Adult Burn Center.

"I must have been out of it," says Roger. "When I arrived at Miami Valley Hospital, all I remember is waking up and all of the tar was gone. I don't even remember them scrubbing it off."

Twenty-eight days passed as Roger was treated in the Level I Trauma Center's Burn Unit through skin grafts and physical therapies.

"It's been more than 30 years, but I remember having dozens of get-well cards and having to go through so many therapies to get back on track," he says.

The grueling therapies helped Roger on his road to recovery.

"It was tough," Roger remembers. "I was doing therapies you wouldn't think of when you're burned, but I trusted them and did what they asked."



Roger's time in the hospital made a significant impact on the nurses, therapists, and providers in the burn unit. He would play jokes and try to make the best of his time in the hospital.

"We'll never forget Roger," says Kristen Ause-Ellias, PT, a physical therapist at Miami Valley Hospital. "He always found ways to make us laugh and did everything we asked him."

Nearly 31 years after his accident, Roger fulfilled a desire he has wanted to do for years – making a donation to the burn unit that helped him so long ago.

In 2022, Roger visited Miami Valley Hospital Foundation to make a generous gift to the Regional Adult Burn Center.

"I recently sold my house and had some money left over," says Roger. "I wanted to

give them a contribution because of the impact they made on my life. It may have been more than 30 years ago, but I never forgot."

At the check presentation, Roger was reunited with three nurses and therapists who served on his care team. He also brought back a journal that employees and visitors signed while he was in the hospital.

"It's nice to be appreciated by our patients," says Melora Waltman, RN, nurse manager of the burn unit at Miami Valley Hospital. "After all these years, seeing Roger was a nice surprise. We are grateful for his donation."

"Seeing them was so nice," says Roger. "They were such an amazing team. This donation isn't much, but it's a small way to show how much I appreciated them."

The Valley Classic Tees Off for 33rd Year

The Valley Classic, Miami Valley Hospital Foundation's annual golf tournament in support of patient programs at Miami Valley Hospital, teed off July 25 at NCR Country Club in Kettering.

The Valley Classic is one of the area's longest running and most successful charity golf outings. This event has raised more than \$4 million to support numerous patient programs and projects at Miami Valley Hospital. Led by tournament chair John Bull and a volunteer committee, this year's tournament raised more than \$126,000 to benefit diabetes patient education through the Bull Family Diabetes Center.

Tournament proceeds support the work of the Certified Diabetes Educators who provide education for inpatients and outpatients. Based at the Bull Family Diabetes Center, the diabetes educators completed 1,148 inpatient visits in 2021.

In addition, the Miami Valley Hospital Foundation helps fund outpatient diabetes education for individuals who are uninsured or underinsured. Funds raised by The Valley Classic helps sustain these vital educational programs that enhance the lives of diabetes patients throughout our region.





Miami Valley Hospital Foundation Funds Whole Blood Transport for CareFlight

Premier Health's CareFlight helicopters are now equipped to carry whole blood for emergent transfusion, the first and only air service in Ohio to do so. Funded by the Miami Valley Hospital Foundation, life-saving blood transfusions can now be provided on scene to severely injured trauma patients, potentially improving outcomes.



"As an extension of Premier Health's Level I Trauma Center at Miami Valley Hospital, CareFlight literally brings an essential part of the trauma center to the patient," says **Andrew Hawk, MD**, medical director of CareFlight Air and Mobile Services.

"Administering a whole blood transfusion to a scene trauma patient in shock further enhances our ability to provide the best and most time-efficient trauma care available today."

To meet blood storage and temperature control requirements, specialized equipment designed for the transport environment has been added to each of CareFlight's four Dauphin helicopters. Working closely with Miami Valley Hospital, the region's most experienced Level I Trauma Center, CareFlight policies and

protocols have been established to ensure the full scope of proper whole blood supply management.



"For the past 38 years, CareFlight Air and Mobile Services has provided exemplary life-saving care to the communities we serve," says **Candy Skidmore**, vice president of

emergency and trauma service lines, Premier Health. "Providing our medical transport teams this additional tool potentially strengthens the impact of our trauma services for severely injured patients."

CareFlight Air and Mobile Services recently received its 10th consecutive three-year accreditation from the Commission on the Accreditation of Medical Transport Systems (CAMTS).

As Dayton's first medical transport program, CareFlight has transported more than 70,000 patients since its start in 1983. CareFlight helicopters are the region's fastest, traveling up to 180 mph, and serve a 150-mile radius, covering most of Ohio and parts of West Virginia, Michigan, Kentucky, and Indiana. CareFlight has the unique capability to transport two patients, plus the pilot and two certified flight nurses.

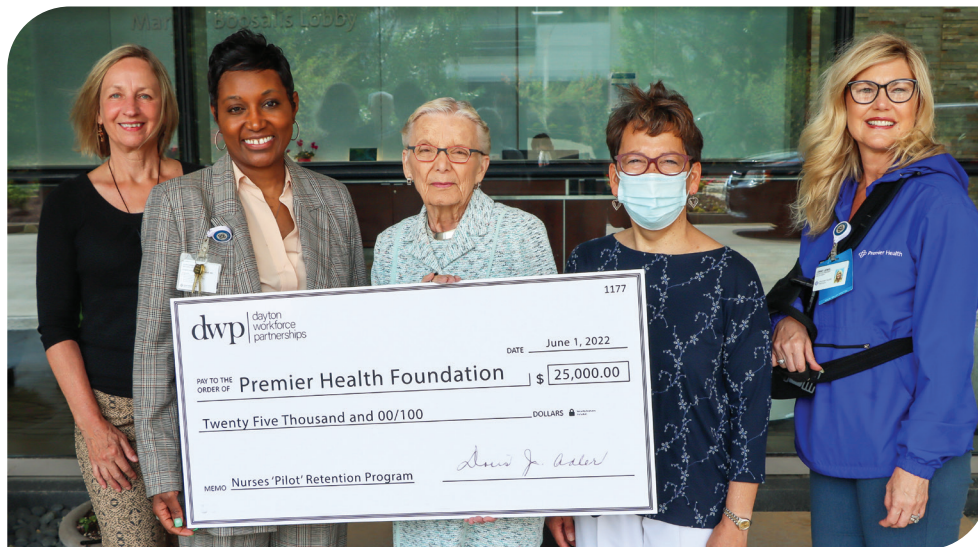


Dayton Workforce Partnerships Gift Supports Nurses

Miami Valley Hospital Foundation recently received a significant donation that will benefit Premier Health's nursing staff. Dayton Workforce Partnerships (DWP) presented the Foundation with a \$25,000 gift to support a new nursing retention pilot program.

"Premier Health has been a great partner of DWP and the Dayton community," says Doris Adler, executive director of Dayton Workforce Partnerships. "Hospitals across the nation have been challenged to maintain adequate levels of nursing staff. Working with both Premier Health and the Premier Health Foundations, the DWP board of directors has approved to fund a 'Retention of Nurses' pilot program. We are excited and honored to help support this initiative."

This program through the health system aims at providing financial support for childcare and continued education programs for Premier Health and Miami Valley Hospital nurses.



"We know that caring for employees who care for those we serve starts with how we support our employees," says Stacey Lawson, chief human resources officer at Premier Health. "The pandemic continues to reshape and illuminate the needs of employees. This donation through the

Dayton Workforce Partnerships helps us in continuing to put our employees first."

The new pilot program is already making an impact for our health system's nurses. More than 60 nurses have already utilized the benefits offered by this generous donation.



A Life of Service

Miami Valley Hospital Foundation hosted a dedication ceremony for the Mary H. Boosalis Lobby, located in the main lobby of the Southeast Addition of the main hospital campus in Dayton. Boosalis, Premier Health's first female CEO, recently retired after a 35-year career with the health system.

Beginning her career at Miami Valley Hospital as a post-graduate management fellow in 1986, Boosalis has served in many leadership roles at the hospital, including chief operating officer and president. Additionally, she most recently served as executive vice president and chief operating officer of Premier Health before becoming the health system's president and CEO. The newly named lobby honors Boosalis' commitment to quality and compassionate care; diversity and inclusion; and the creation of strategic and innovative partnerships at the local, state, and national level in building healthier communities throughout the region.

Making Strides at the African American Wellness Walk



Premier Health held its 22nd Annual African American Wellness Walk (AAWW) in August. This year's walk/run provided both virtual and in-person options.

This year's event saw more than 2,165 registrants across 34 states and six countries. In partnership with the Miami Valley Hospital Foundation, the health system raised \$60,000 to benefit the on-site health clinics and students at Central State University and Wilberforce University who are pursuing health-related degrees to strengthen the diversity and cultural competency of our health care workforce.

The AAWW was established in 2000 to raise awareness and combat the heart health disparities for African Americans. In the two decades since, the walk has grown to address the alarming underlying health conditions that plague our families and friends in minority communities, especially during the COVID-19 pandemic.

A 2019 assessment by Public Health – Dayton & Montgomery County has shown that Black babies die at a rate that is four

times higher than White babies. Black women are less likely to receive adequate prenatal care and are twice as likely to have a low-birth weight baby compared to White women. Across Montgomery County, Black men have higher rates of heart disease, stroke, prostate cancer, and diabetes when compared to the countywide average. The average lifespan for a Black man in Montgomery County is 65.5 years – six years less than White men and 13 years lower than White women.

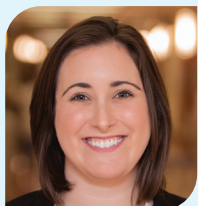
Across the nation and in our own backyard, we continue to see stories of inequitable treatment of African Americans. Over the past two decades, the AAWW has worked to highlight these inequities, ranging from social justice to health care access, and raise awareness on how we can work together to combat them. We are grateful for the community's support in this important cause and already planning the 2023 walk.

New Faces and Roles at the Foundation

There are several new staff members and roles at Miami Valley Hospital Foundation.



Beth Hutter has been promoted to vice president of the Miami Valley Hospital Foundation and Good Samaritan Foundation-Dayton. Beth is responsible for the oversight and management of fundraising efforts and strategies for both Foundations. Beth joined the Foundation team in 2006 and served as the director of major gifts and planned giving. Most recently, Beth served as director of operations for the Miami Valley Hospital Foundation. Beth and her husband live in Springboro.



Meredith Sullivan joined the Foundation in April and serves as the system director of operations. Meredith's responsibilities include directing Premier Health Foundations' financial forecast, developing and managing budgets, funds, distributions,

and ensuring the provision of cost-effective operations and services. Before she joined the Foundation, Meredith was the operations director for the Premier Health hospitalist groups. She has a masters of health services administration from Xavier University.

In her free time, Meredith enjoys spending time outdoors hiking, kayaking, and camping. She is married to her husband, Titus, and lives in Washington Township.



Tim Carrico joined the Foundation in January and serves as the system communications manager. Tim's responsibilities include overseeing all of Premier Health's four hospital foundations' marketing communications operations, including publications, website management, event communications and marketing materials, and social media with the health system. Before he joined the Foundation, Tim was on the corporate communications team for Premier Health.

Scholarship Selections Benefit Staff and Their Families

Miami Valley Hospital Foundation is proud to support our hospital staff and their families in furthering their education. This year, the Foundation and our donors are proud to have awarded 123 scholarships to our hospital's employees and their dependents.

Donors understand the essential role that nurses have in units, programs, and clinical disciplines throughout the hospital. Through funding from our generous donors, scholarships were awarded to six employees who are pursuing nursing degrees.

Miami Valley Hospital Foundation provides scholarship opportunities for nursing staff annually. The Kyle Combs Advanced Care Education Scholarship and the Pat Hastings Scholarship were both created in honor of past employees. Bobbie Gerhart Nursing Scholarship was established by the previous president of Miami Valley Hospital who started her career as a nurse at Good Samaritan Hospital. These employees all left a lasting legacy of caring at Miami Valley Hospital that continues to live on in these scholarships. Founded in 1991, the Minority Nursing Scholarship was developed to support increasing diversity in the nursing profession. The Sweet Caroline Elizabeth Mills Scholarship, established by her husband, Jon, is in honor of this past Champions of Hope honoree and former nurse.

The employees who received these awards come from a variety of positions and units. Several currently work as patient care technicians on units at the hospital, one works in employee health, one works with Fidelity Health Care, and one is currently a nurse at Miami Valley Hospital pursuing her Family Nurse Practitioner degree.

Through the Mueller Youth Scholarship Fund, 117 students received funding from the Foundation for the 2022-23 school year. Named after the Rev. Carl Mueller, founder of Miami Valley Hospital, this program offers a limited number of funding grants to the dependent children of employees pursuing training or education beyond high school. Funds raised for the Mueller Youth Scholarship come directly from the health system's annual Employee Giving campaign, where Premier Health employees make an annual contribution to the Foundation.

Since 2003, Miami Valley Hospital Foundation has awarded 3,138 youth scholarships, totaling \$1,569,000.



Find Out More

To learn more about our Foundation's scholarship opportunities, please point your smartphone camera at the QR code.



Tim is currently finishing his master's degree in Integrated Marketing Communications from West Virginia University. In his free time, he is a network sports camera operator at college and professional sporting events. Tim and his wife, Katy, live in Miamisburg.



Erin Covey has a new role within the Foundation team. She is now the system annual giving program manager, supporting all four hospital Foundations. Erin is responsible for designing and implementing annual giving programs, creating and sustaining donor stewardship, producing and managing donor reports, in addition to other database duties.

Erin joined the Foundation in May 2017 as a database specialist. She was promoted in January 2020 to the events specialist role.

The Foundations' needs changed quickly due to COVID-19 and Erin jumped back in to help with database management. Erin is known to all of us for her hard work, attention to detail, and her positive attitude.



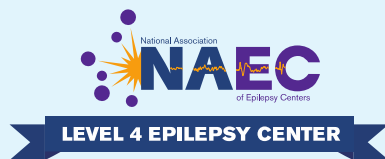
Mike Stautberg is expanding his role, taking on additional responsibilities as system vice president of planned giving. He will allocate time each week working with all four hospital Foundations to expand their legacy and estate programs. Mike has been on the Foundation team since 2006 and will continue to serve as president of the Atrium Medical Center Foundation. Mike and his wife and daughter live in the Greater Cincinnati area.

MIAMI VALLEY HOSPITAL NEWS

Notable Miami Valley Hospital News

Accreditation for Comprehensive Epilepsy Center of Dayton

The Comprehensive Epilepsy Center of Dayton at Miami Valley Hospital has earned a Level 4 accreditation from the National Association of Epilepsy Centers. As part of the Clinical Neurosciences Institute, it is the region's only adult Level 4 epilepsy center, signifying the highest level of epileptic care available.



Echocardiography Accreditation by IAC

Three Premier Health facilities achieved accreditation by the Intersocietal Accreditation Commission (IAC) in Echocardiography in the area of adult transthoracic. Miami Valley Hospital, Miami Valley Hospital South, and Premier Cardiovascular Institute in Beavercreek were recently granted a three-year term of accreditation. IAC accreditation is a seal of approval that patients can rely on as an indicator of consistent quality care and a dedication to continuous improvement.



Top Diversity Organization Recognition

Premier Health has been recognized as a Top Three Diversity Organization by the Healthcare Diversity Council (HDC), an initiative of the National Diversity Council (NDC), for its exemplary diversity



initiatives and efforts in paving the way for equitable health care delivery.

Miami Valley Hospital Named Top Hospital in Dayton Region

Miami Valley Hospital ranked ninth among all Ohio hospitals in annual rankings released by *U.S. News & World Report*. The hospital again had the best performance among all hospitals in the Dayton region. This distinction includes Miami Valley Hospital North and Miami Valley Hospital South. The hospital received "high-performing" designations in 12 areas of care: urology; chronic obstructive pulmonary disease; heart failure; heart attack; colon cancer surgery; hip replacement; knee replacement; kidney failure; pneumonia; diabetes; prostate cancer surgery; and stroke.



Beavercreek Emergency Center Opens

Miami Valley Hospital opened its newest free-standing Emergency Center in Beavercreek in July. Located at 2400



Lakeview Drive, the new emergency center features 12 emergency treatment rooms, including two trauma bays. It is staffed by board-certified emergency medicine physicians from Miami Valley Hospital. Additional services will include faster access to stroke treatment from Premier Health's TeleStroke Network; lab and imaging services, including outpatient CT and X-ray; access to CareFlight Air and Mobile Services for transportation if hospitalization is needed; enhanced capability to keep patients who require a less than 24-hour length of stay for observation; and a community room with audio-visual capabilities that the public can reserve for meetings or training sessions.

Miami Valley Hospital Recognized by American Heart Association

All Premier Health hospitals have received the American Heart Association and American Stroke Association's Get With The Guidelines®- Stroke Quality Achievement Awards. The awards recognize the hospitals' commitment to ensuring stroke patients receive the most appropriate treatment according to nationally recognized, researched guidelines based on the latest scientific evidence from the American Heart Association. Premier Health hospitals that received the awards include Atrium Medical Center in Middletown; Miami Valley Hospital, including Miami Valley Hospital North and Miami Valley Hospital South; and Upper Valley Medical Center in Troy.

